



Luz Martinez is a Miami based Licensed Mental Health Counselor (LMHC), specializing in individual, couples and family therapy. She graduated from Florida International University with a Master of Science in Psychology.

Luz is certified as a Clinical Trauma Professional, a master's Certified Addiction Professional, and is a Qualified Clinical Supervisor.

She has worked in multiple treatment settings with populations ranging from adolescents to the elderly. A Person-Centered Approach is used along with Cognitive Behavior Therapy tailored to each client's circumstances and needs.

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